

Annapurna Circuit Trek

Facts

Destination: Nepal

Trip Difficulty: Difficult

Trip Style: Trekking

Transport: As per Itinerary

Food: Breakfast, Lunch & Dinner (BLD)

Accommodation: Hotel and teahouse

Group Size: Min 1 Pax

Max Elevation: 5,416 m/17,770 ft

Best Time: March - May & October - November

Annapurna Circuit Trek is the most stimulating and adventurous trek in the Annapurna region. This trek presents a life-changing experience and the most captivating views of nature. From the first day of Annapurna Circuit Trekking, you will get amazed by the beauty of this region. Traversing through thrilling hillsides, tall snow-capped mountains, and dense forests, you explore the Annapurna region. Opened in 1977, Annapurna Circuit Trek is a very popular trekking trail among travel enthusiasts. The trails moves in an anti-clockwise direction. Beginning from Besishahar, you cross challenging Thorong La Pass and descends to Jomsom Valley.

Annapurna Circuit Trek 16 Days presents tropical to freezing alpine zone. In 16 days, you will not only explore the most quaint mountain villages and witness tempting views, but also get to experience distinct culture and tradition. People from many communities stay in the Annapurna region. You get to interact with them and look into their lifestyle. Along with that, you also get to see diverse vegetation and wildlife. Annapurna Circuit Trekking



is a perfect blend of adventure, experience, and gateway.

Annapurna Circuit Trek is a bit challenging trek. You need to be in good health and physical fitness to go on this trek. Previous experience is needed to go on Annapurna Circuit Trek 16 Days. The trek offers tempting views of many Himalayan mountains like Annapurna range (8,091 m), Lamjung Himal (6,983 m), Pisang Peak (6,091 m), Thorong Peak (5,416 m), Mt. Fishtail (6,993 m), Mt. Nilgiri (7,061 m), etc. To know more about the package and our departure dates get in touch with us at any time. We would love to assist you.

Highlights

- Adventurous trails
- Picturesque villages
- Explore beautiful Manang village
- Visit centuries old monastery and caves
- Get to experience rich culture and unique lifestyle of locals
- Cross challenging Thorong La Pass
- Visit sacred Muktinath Temple
- Scenic flight from Jomsom to Pokhara
- Witness stunning views of Himalayan mountain like Annapurna range, Mt. Nilgiri, Mt. Fishtail, Lamjung Himal, Pisang Peak, Thorong Peak, Mt. Syangang, Mt. Gundang, etc

Day to Day Itinerary

Day 1: Arrive at Kathmandu & pre-trek briefing.

Day 2: Sightseeing & preparation for the trek.

Day 3: Drive Kathmandu to Jagat (1,200m); 8 hrs.

Day 4: Trek start to Dharapani (1,860m); 6 hrs.

Day 5: Dharapani to Chame (2650m); 6 hrs.

Day 6: Chame to Upper Pisang (3,130m); 6 hrs.

Day 7: Upper Pisang to Manang (3,365m); 7 hrs.

Day 8: Acclimatisation day- hike to Ice Lake (4,400m); 6 hrs.

Day 9: Rest day in Manang.

Day 10: Manang to Yak kharka (4,020m); 6 hrs.

Day 11: Yak Kharka to Thorong Phedi (4,410m); 3:30 hrs.

Day 12: Cross the Thorong La (5,415m) and descend to Muktinath (3,800m); 10 hrs.

Day 13: Muktinath to Jomsom (2,710m).

Day 14: Fly Jomsom to Pokhara; 35 mins sightseeing in Pokhara spend one night.

Day 15: Fly Pokhara to Kathmandu; 45 mins.

Day 16: Final Departure.

Cost Includes

- Airport pickups/drops in a private vehicle
- 3-star hotel accommodation in Kathmandu & Pokhara with breakfast
- Teahouse accommodation during the trek
- All meals (breakfast, lunch & dinner with tea & coffee) during the trek
- Welcome and farewell dinners
- All ground transportation on a comfortable private vehicle as per the itinerary
- Domestic flights as per the itinerary (Jomsom-PKR-KTM)
- An experienced, English-speaking and government-licensed trek Guide and assistant guide (4 trekkers: 1 assistant guide)
- Porter service
- Staff costs including their salary, insurance, equipment, food, and accommodation
- Down jacket and sleeping bag if you need (to be returned after trip completion)
- Free Ascent Trails T-shirt, cap or duffel bag
- All necessary paperwork and trekking permits (ACAP, TIMS)
- Medical kit (carried by your trek guide)

- All government and local taxes

Cost Excludes

- Airfare of international flights
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and dinner during your stay in Kathmandu (except for the welcome & farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking
- Any personal expenses like laundry, charging, etc
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc
- Extra transportation out of the itinerary program
- Any additional staff other than specified
- Rescue, repatriation, medicines, medical tests and hospitalization expenses
- Travel Insurance and helicopter rescue
- Wallie-talkies & filming permit (if any special camera or walkies-talkies are taken on the journey)
- Personal trekking gears
- Expenses incurred towards usage of landlines, mobiles, walkie-talkies or satellite phone & Internet expenses
- Tips and gifts for staff & porter
- Any extra services or products or offers or activities, which are not mentioned in the itinerary
- Any other item not included in the “COST INCLUDES” section